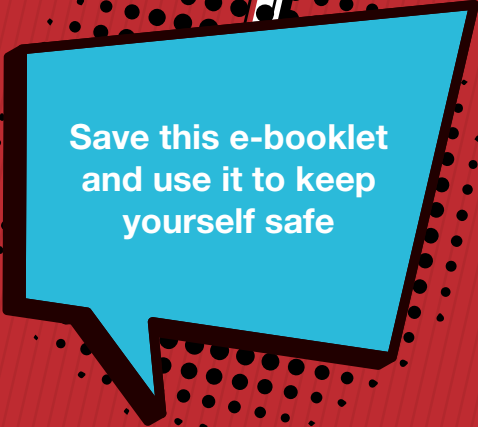




UoB: SAFE

STUDENT SECURITY AND SAFETY E-BOOKLET

Security Services
Campus Division



Save this e-booklet
and use it to keep
yourself safe

UoB: SAFE IN BRISTOL



Here at the University of Bristol, we want to make sure that you enjoy your student experience in a safe and secure environment. This is why we have put together this e-booklet, so that you can keep yourself and your property safe from those ‘what if’ moments.

By taking our advice, you can stay safe, play safe and study safe in one of the UK’s most popular cities.

If you have any questions about student safety or security of your property, please just ask a member of the Security Services team for help.

Find out more at: bristol.ac.uk/securityservices

UoB: SAFE

STUDENT ACCOMMODATION



Student accommodation is often a tempting target for thieves.

Think about it... 5 students, 5 bedrooms full of expensive gadgets and a high chance of students being out for most of the day and night. This is easy work for an opportunistic criminal.

Beat the burglars by following these simple tips:

Make sure all doors and windows are locked when you head out

Do not keep spare keys hidden under the doormat or in other locations outside of the property

Close curtains and blinds when you go out - don't advertise your empty house and valuables to criminals

Report suspicious incidents and people to the Police. If you're in UoB managed properties, call Security Services who will respond

Keep valuables safely away and out of sight from windows

Remember to: Lock it - Hide it - Keep it

UoB: SAFE

BE FIRE SAFE



Most house fires in our area start in the kitchen.

Here are some quick tips to help prevent fire in student accommodation and privately rented homes:

Do not cover or remove smoke detectors. They are there to help save your life

Avoid using unofficial chargers with your tech. These are often poorly made and can be the cause of fire

Keep your communal areas clutter free - It means you will have a clear escape route if necessary

If in private accommodation, test your smoke alarms once a week

Do not wedge fire doors open - they are there to stop fires from spreading and can protect you if a fire happens

Cooking after a night out can be a huge risk. It's easy to fall asleep and forget about leaving the cooker on

[avonfire.gov.uk/safety-advice/fire-safety](https://www.avonfire.gov.uk/safety-advice/fire-safety)

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PROTECT YOUR PROPERTY



Immobilise

Immobilise is the world's largest FREE register of possession ownership details and together with its sister sites the Police's NMPR and CheckMEND, it forms a very effective tool in helping to reduce crime and return recovered personal property to its rightful owners.

Registering your devices enables UK Police to reunite you with devices that you have lost or have been stolen from you

Don't let thieves get away with it!

Register today

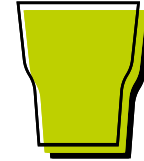
As a direct result of Immobilise there are hundreds of cases a week where property is returned or information collected that assists the Police in investigating criminal activity involving stolen goods

You can register mobile phones, laptops, bicycles and anything valuable with a serial number

[immobilise.com](https://www.immobilise.com)

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ALCOHOL AND NIGHTS OUT



Excessive drinking can be dangerous for your health and is commonly linked to much of the violent crime committed in Bristol. Drinking less will not only keep you safer on a night out, but it will help you enjoy your night out more!

Getting too drunk will stop you from getting into bars and clubs and will ruin your night out

Plan your journey home before you go out

Stick with your mates! Being drunk and on your own is potentially dangerous

Too much alcohol can lead to alcohol poisoning, which can damage your health and could put your life in danger

Watch out for drink spiking. Drink spiking refers to the act of adding drugs or alcohol to people's drinks without their consent

Keep hydrated! Keep that hangover at bay and remember your night out the next day

Alcohol is linked to the majority of violence in Bristol City Centre. Be aware of your surroundings and avoid situations that could lead to violence

UoB: SAFE IN THE CITY



Living and studying in Bristol should be fun and memorable for all the right reasons. Being aware of your personal safety and your surroundings will ensure you stay safe in the City. Personal safety tips:

Safety in numbers
- Being in groups or with a friend will reduce the chances of becoming a victim of crime

Stick to busy, well-lit areas when walking to and from places

Keep your senses free from distractions
- Noise cancelling headphones prevent you from hearing what's going on around you

Panic alarms are available at UoB Security Services, free of charge

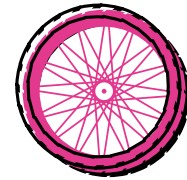
Never accept a lift or go home with a stranger, no matter how tired, wet or late you are. Stay with friends and go home together

Know where you're going, how you're getting there and who you're meeting. Plan your return journey and tell someone of your whereabouts

bristol.ac.uk/securityservices/personalsafety

UoB: SAFE

BIKE CRIME



Bikes are easy targets for thieves, unless you make it difficult for them to steal YOURS!
Bike theft can be prevented if you do your bit to keep it secure.

Lock your bike with TWO D-locks: It makes life much harder for a would-be thief to take your bike. High quality D-Locks are available from the University at a discount

Remove batteries from your e-Bike once it is securely parked

Lock both wheels and the bike frame to the bike hoop. It stops thieves from taking parts of your bike and they won't be able to break one lock on it's own

Get your bike marked and registered with BikeRegister.com

This is done for free by the Uni Police Officer and at UoB Cycle Clinics

Report ANY suspicious behaviour around UoB cycle racks to Security Services
0117 3311223
or 112233 internal

bristol.ac.uk/cycling

UoB: SAFE

DRUG AND ALCOHOL USE - THE REALITY



Let's be frank about this: We all know that illegal drugs, non-prescribed medication and alcohol can be bad for our health and wellbeing - Get informed and stay safe.

Drug & alcohol use is a personal choice: Understand the risks you might be taking and how to reduce the potential harm by attending a harm reduction at the Drop (Bristol Drugs Project)

Using drugs, incl. alcohol can lead to long-term problems with your physical and mental health. Check out our self-help resources to understand more about your usage

Possessing or supplying illegal substances is prohibited by the Misuse of Drugs Act and could lead to being dealt with under Student Disciplinary Regulations & could lead to Police intervention

Did you know that buying drugs from a dealer will directly fund organised crime across the world, as well as locally in the UK? Well funded criminal gangs are causing misery for many people across the world

If you or a friend need support about drug or alcohol use, you can seek non-judgemental wellbeing support from bristol.ac.uk/wellbeing

Buying drugs online is still against the law and comes with its own risks. Drugs in powder or tablet form could be cut with other dangerous substances that are harmful to you

Buying drugs online is still against the law and comes with its own risks. Drugs in powder or tablet form might not be what you think and can be cut with other substances

bristol.ac.uk/students/wellbeing

UoB: SAFE

GOING HOME FOR THE HOLS



Heading home for the weekend or for the holidays?
Please take this advice to keep your room, house and belongings secure from theft.

Take valuable items and cash home with you

Remove obvious signs from windows that it's a student house. e.g. posters/stickers

Consider using a light switch timer when your property is unattended for any period of time

Register your valuables with [immobilise.com](https://www.immobilise.com)

Never leave expensive items on display and ensure your doors and windows are locked

Check your waste and recycling collection days on the Bristol City Council website. Don't leave any bins, bags or boxes on the footpath. Make it look like someone could still be home

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BE A GOOD NEIGHBOUR



Moving into your own student home is an exciting part of Uni life. Bristol is a fantastic city to live in, but remember that non-students, shift workers, families and the elderly might be living in the same street as you.

Don't be too loud. Some neighbours might work night shifts and others may have children - This includes whilst waiting at bus stops too

Keep your house in good order. Take your bins and recycling out on the right day and make sure you bring them in afterwards. Do not leave waste on the footpath or you may be liable for a fine

Park considerately and legally. Parking over driveways or in a dangerous position could mean your car is removed by the Police

Be friendly and introduce yourselves to neighbours. Remember, you are moving into an established community

Noisy student house parties will often frustrate neighbours due to noisy guests and loud music. Be a considerate neighbour and avoid disturbing the people who live around you

Avon & Somerset Police work closely with the University and council to deal with complaints of anti-social behaviour and excessive noise

UoB: SAFE

GET SUPPORT



We understand that University life can sometimes come with pressure and stress, but know this - You are not alone! There is support out there for you for whatever your need. All you need to do is ask.

Residential Life is your support network in University accommodation. You can access support for a range of issues, not just accommodation problems

Security Services are here for your safety and security whilst on campus or within your halls. We work closely with the University Police Officer to provide an all-round security service to our community; all year-round, 24/7

The University has a range of mental health and wellbeing services to support you. Complete a 'Request Wellbeing Support Form' and we will connect you to the right support or service bristol.ac.uk/wellbeing

UoB: SAFE CONTACTS



Security Services

Emergencies only - 0117 3311223 (internal 112233)

Non-emergency - 0117 9287848 (internal 87848)

bristol.ac.uk/securityservices

Residential Life

North Residential Village: 0117 42 83300

East Residential Village: 0117 42 83302

West Residential Village: 0117 42 83301

bristol.ac.uk/students/wellbeing/services/residential-life-service

Mental health and wellbeing support

Please complete a 'Request Wellbeing Support Form' to be connected to the right support or service. Forms can be found at:

bristol.ac.uk/wellbeing

University Police Officer

Non-emergency - 0117 456 1558

bristol.ac.uk/securityservices/universitypoliceofficer

**We are here to help
Just ask!**

Alternatively, you can find a whole
host of helpful info on our website

bristol.ac.uk

